



INTERNATIONAL  
SOCIETY OF  
OLYMPIC HISTORIANS

**ISOH 2026  
OLYMPIC  
HISTORY  
YOUTH  
COMPETITION**



## INTERNATIONAL SOCIETY OF OLYMPIC HISTORIANS

Herisau, April 23, 2026

Dear Colleagues,

One of the key missions of National Olympic Committees and National Olympic Academies, as defined by the Olympic Charter, is to promote Olympic principles and values through education and cultural initiatives. An essential part of this mission is not only preserving the historical heritage of the Olympic Movement, but also encouraging young people to reflect on its social, cultural and human dimensions in today's world.

In order to stimulate youth engagement with Olympic history, regional and national heritage, gender equality in sport, and the practical meaning of Olympic values, the International Society of Olympic Historians (ISOH), with the support of the International Olympic Academy (IOA), is pleased to announce the

### **ISOH 2026 OLYMPIC HISTORY YOUTH COMPETITION** **THE FIRST OLYMPIANS OF MY COUNTRY: THE ROAD TO THE GAMES**

This competition will take place during the 66th Session of Young Olympic Ambassadors, held at the IOA in Ancient Olympia, Greece, from June 6–18, 2026.

#### **Participation & Awards**

If your country's nominated participants wish to take part in the competition, ISOH is pleased to offer recognition and awards:

#### **Winner's Prize**

- The winner will receive an award and an invitation to the ISOH General Assembly 2026, the date and location of which will be announced at a later date.
- The best poster presentation will be selected through a voting process by the participants and/or jury.

#### **Certificates for All Participants**

- Every contestant will receive an ISOH Certificate in recognition of their contribution.

#### **How to Participate**

To enter the contest, please:

- Send your informal application and your competition entry to [youthcompetition@isoh.org](mailto:youthcompetition@isoh.org) by **May 22, 2026**
- Bring your competition entry (printed poster DIN A1) to the venue for presentation
- Follow the poster presentation requirements outlined below

We encourage all eligible participants to take part in this opportunity to present their regional and national Olympic heritage, reflect on Olympic values, and explore contemporary challenges and achievements of Olympic sport.

Best regards,

Dr. Christian Wacker  
President  
International Society of Olympic Historians

**ORGANISATION RECOGNISED BY THE INTERNATIONAL OLYMPIC COMMITTEE**

**ISOH 2026 OLYMPIC HISTORY YOUTH COMPETITION**  
THE FIRST OLYMPIANS OF MY COUNTRY: THE ROAD TO THE GAMES  
COMPETITION RULES

**COMPETITION THEME**

**The First Olympians of my Country: The Road to the Games**

How it all began: the first journeys, the first setbacks, and the first victories

**A Requirements & Content Guidelines**

Your poster should reflect the chosen theme and may include:

- Historical background and key milestones
- Notable personalities (athletes, coaches, officials, pioneers)
- Social, cultural or ethical aspects of the Olympic Movement
- Regional or national perspective
- Facts, dates, and illustrative examples
- Quotes and testimonies (if available)

**B Poster Structure**

**1. Title** (free placement)

**2. Name of participant, title of poster, NOC/country and email**

**3. NOC Logo** (placed in the designated white square)

**4. Recommended sections:**

- Relevance (Why is this topic important?)
- Purpose (Main objectives of the presentation)
- Key content (facts, figures, examples, visuals)
- References (sources used)

**C Format & Design Requirements**

1 Paper size: **A1 (594 × 841 mm)** in vertical orientation.

The exact dimensions and placement can be found on the following page.

2 Visuals: photographs, infographics, timelines and maps are encouraged

3 Language: **English or French**

4 A digital PDF version of the poster must be submitted via email at [youthcompetition@isoh.org](mailto:youthcompetition@isoh.org) before **June 6, 2026**. ISOH will publish the competition results and the best posters through its own channels, including its website, social media, and the Journal of Olympic History. By submitting their entry, participants agree to the distribution of their posters and related information by ISOH.

5 The official ISOH logo and competition footer (attached PDF) must be placed in the lower part of the poster as a fixed design element.

**ISOH 2026 OLYMPIC HISTORY YOUTH COMPETITION**  
THE FIRST OLYMPIANS OF MY COUNTRY: THE ROAD TO THE GAMES  
POSTER TEMPLATE AND DIMENSIONS

International Society of Olympic Historians  
Eggweg 6, 9100 Herisau, Switzerland, youthcompetition@isoh.org, www.isoh.org

